**NAVODILA ZA DELO – 2. URA: HEALTHY DIET, WRITING A NUTRITIONIST ADVICE**

1. **Ponovi so in neither**, tako da prebereš ponovitev razlage in rešiš interaktivno nalogo na spodnji povezavi. Na povezavi lahko tudi preveriš svoje rešitve:

<https://www.passporttoenglish.com/Advanced-English/Lesson3/Grammar.html>

1. Watch the videos:

<https://www.youtube.com/watch?list=PL8wgGeKVh_7d4x7icBCNj99MsachAAChi&time_continue=26&v=j7CcaUZrUoE&feature=emb_logo>

<https://www.youtube.com/watch?v=L9ymkJK2QCU>

Read Tim's letter:

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| ***I know all about the new food pyramid but I can't help eating sweets and we don't eat junk food every day, but we do go to McDonald's every weekend after going to the cinema.***  ***I like to spend my afternoons playing computer games, but my mum says I can't spend all my days in front of the computer, especially now, that I have to use my computer for school in the mornings. So yesterday I decided to watch TV instead.***  ***I don't like fruits or vegetables that much but I love snacks, so I don't know how I am going to deal with us going to the shops only once every week or two weeks.***  ***I'm just bored. I'm feeling very lonely and isolated now that we have to stay at home and are not allowed to socialize. My dad says I should go out into the forest or take my dog for a walk, but I just don't feel like it, when there are no friends to hang out with.***  ***Please help,***  ***Tim (13)*** |

**Predstavljaj si, da si odrasla oseba, ki piše nasvete najstnikom za mladinsko revijo. Najstniku Timu svetuješ, kako naj se zdravo prehranjuje in, kako naj skrbi za svoje zdravje.**

* **How to eat healthily and what does a balanced diet consist of?**
* **How should he spend his free time?**
* **What does he have to do to stay healthy these days?**

**IN KAKO BOM VEDELA, DA SI URO OPRAVIL/A?**

**NAPIŠI BESEDILO NA RAČUNALNIK/TELEFON IN GA POŠLJI PO MAILU ALI V ZASEBNE STIKE. LAHKO GA NAPIŠEŠ TUDI V ZVEZEK IN SLIKAŠ, FOTOGRAFIJO PA PRILEPIŠ V KANAL.**

**GOOD LUCK!**